

# CHIROPRACTIC CARE IN CANADA

*"...when considering effectiveness and cost together, chiropractic care for low back and neck pain is highly cost effective, (and) represents a good value in comparison to medical physician care..."*

- Choudry et al. (2009)

## 8,400+

Over 8,400 licensed chiropractors practise in the 10 regulated provinces.

Canadian chiropractors are extensively trained in the assessment, diagnosis, management and prevention of biomechanical disorders originating from the muscular, skeletal and nervous systems.



## WHAT IS CHIROPRACTIC?

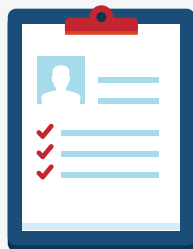
The word "chiropractic" derived from Greek means **"done by hand"**, and still reflects the hands-on, non-invasive approach of modern chiropractors.

### ROLE

Chiropractic care is the assessment, diagnosis, conservative management and prevention of musculoskeletal (MSK) conditions and disorders, primarily through the use of non-invasive manipulation and other manual therapies.



ASSESSMENT



DIAGNOSIS



PREVENTION



MANAGEMENT

MINIMUM SEVEN YEARS POST-SECONDARY EDUCATION AND TRAINING



7 YEARS

4,500 HOURS OF CLINICAL EDUCATION AND A 12-MONTH CLINICAL INTERNSHIP

Following undergraduate education, chiropractors must successfully complete a minimum four-year full-time chiropractic program at an accredited college including **4,500 hours of clinical education and a 12-month clinical internship.**



4,500 HOURS

## WHAT CHIROPRACTORS COMMONLY TREAT



BACK PAIN



ARTHRITIS



JOINT DYSFUNCTION / IRRITATION



REPETITIVE STRAIN INJURY



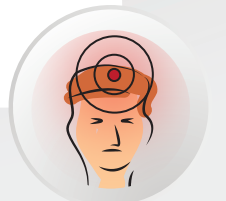
MUSCLE IMBALANCES



STRAIN AND SPRAIN



NERVE ENTRAPMENT



HEADACHE



INJURY PREVENTION